THE GEAUGA SENIOR NEWS

October 2021





2022 Medicare Part D & Advantage Plan Comparisons

Compare Medicare Plan options and you could save money in 2022! The Ohio Department of Insurance has trained Geauga County Department on Aging Staff & Volun-teers to offer one on one reviews at Geauga Department on Aging, 470 Center St, Bldg 2, in Chardon.

Appointments are available from Monday, October 18 through Friday, December 3. Call (440) 279-2130, Monday through Friday 8:00AM until 4:00PM, to schedule your appointment. Make sure to bring your list of current medicines to the appointment.

This year there are two evening presentations-October 18 at 6:30PM at the Chardon Library And October 26th at 6:00PM at the Middlefield Library Contact the library to register.

For those who would like to review options for Part D or Medicare Advantage plans, seniors can do so online at Medicare.gov: from Oct 15 through Dec 7.





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Geauga County Department on Aging

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Get "Extra Help" With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescriptions drug costs. You may qualify if your monthly income and total resources are below these limits:

Single: \$1,630/monthly & resources below \$14,790; or Married \$2,198/monthly & resources below \$29,520.

Contact a Geauga Department on Aging Social Worker for assistance with your application!

The Adult Day Service program is a **FREE** service for Geauga County residents who have beginning to mid stage dementia or Alzheimer's disease. The program is offered Monday through Friday, 9:00 AM to 2:30 PM and includes daily activities and lunch. Virtual programming is available as well. There is no charge for this program, but donations are greatly appreciated. ADS is located at 8090 Cedar Road in Chesterland. ADS Contact phone number (440) 279-2149, or email vkrueger@co.geauga.oh.us.

<u>Scope of Service:</u> ◆ To provide client-centered continuum of care to frail and/or cognitively impaired Geauga County Seniors. ◆ To promote independence and well-being of the program participants. ◆ To provide support, education and relief to caregivers. ◆ To provide physical, mental, and social stimulation.

October Highlights

- ❖ Monday, October 18th: "Get to Know the Residents of Euclid Avenue" Join us as we learn all about the famous and not so famous residents of Cleveland's Euclid Avenue.
- ❖ Tuesday, October 26th: "Halloween Wheel of Fortune" Spend the afternoon playing Halloween Wheel of Fortune.

Platinum Patrons

Members of Newbury Class of 1956
Frederick & Jennie Bemberg
Alan & Peggy Bialosky
Joy Bramley ~ In Memory of James Bramley and Rob Warren
Dale & Jean Endle, and Thomas & Elizabeth Buckles
Rug Hookers in memory of Barb Stuart
Ben Shuman

Joan Spangenberg and Family in Memory of Dale J. Spangenberg Sr.
Donald Sulhan In Memory of Elaine and Jonathan Sulhan
David & Donna Toth, The Toth Team
Ralph White in Memory of past Pinochle Players

The Home Energy Assistance Program, 2021-2022

In home assistance is available for completing HEAP Applications. Eligibility - A household whose total income is at or below 175 percent of the 2021-2022 federal poverty level. See the Chart to the right for income guidelines, as you may qualify for HEAP assistance.		Total Gross Annual Household Income \$22,540 \$30,485 \$38,430 \$46,375 \$54,320 \$62,265 \$70,210 \$78,155 olds with more than 8 our local Community	YOU MAY BE ELIGIBLE CONTACT Geauga County Dept on Aging 470 Center St Bldg 2 Chardon, OH 44024 (440)279-2130. For more information, call toll free 1-800-282-0880. Hearing impaired applicants with a telecommunications device for the deaf (TDD) can call toll free 1-800- 686-1557.
	members, contact year.	our local Community	686-1557.

Applicants requirements at the time of application - A list of all household members and proof of income for the last 30 days and 12 months for each member, Income documents, Main and electric heating bills (if the applicant has gas and electric) regardless of account status, Proof of Citizenship, Proof of Disability if applicable, and Social Security Numbers for all household members. This Program is made Possible through a grant from the Ohio Department on Aging, through the Western Reserve Area Agency on Aging, apply by May 31.

The Summer Crisis Program is available July 1 – August 31, The Winter Crisis Program is available Nov 1 – March 31,

Deadline for the news and information items is the **5th of the month prior to publication**. The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12555 Ravenwood Dr. Chardon, Oh 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web.

If you are not receiving the newsletter, and you are a Geauga County Senior,

60 years of age of older, call (440) 279-2130.

BOARD OF COMMISSIONERS

Geauga County Ohio

JAMES W. DVORAK TIMOTHY C. LENNON RALPH SPIDALIERI

Please let us know if you have a change of address.

LEADERSHIP TEAM

Jessica Boalt – Director | Kathy Petrella – Asst. Director | Reba Dykes - Administrative Services Manager Sandy McLeod – Senior Centers Supervisor | Karen M. Stone – Internal Operations Manager

Monthly Highlights

Balance Class: New Time

Balance class on Tuesdays are now at 11am in the Dining Room.

Social Work Appointments on 2nd Wednesday of each month. Call Reba at (440) 279-2143 to schedule.

Friday, October 8:

Take Out Lunch from Guy's Pizza. Choose from the options in the newsletter, and give us your order and \$11 CASH by 10/15/21. We'll pick it up, and we'll all eat in our dining room!

Tuesday, October 19: Heather Hill Cooking Demo. Menu TBA. Deadline is Friday, October 8, or until event is full. WebEx presentation is at 1pm; meal pick up is at 2pm.

Friday, October 22: AARP Safe Driving Class. \$20 for members, \$25 for non-members. Register by Friday, October 8.

Tuesday, October 26: Out to Lunch Madrick's Tavern. Transportation not available—RSVP by 10/22. Meet at the restaurant at 11:30am.

Wednesday, October 27: Haunted Halloween Lunch & Bewitched Bingo Sponsored in part by UH Geauga Medical and Mapleview Country Villa. Feast on some gruesomely delicious dishes, and play some bodacious Bingo afterwards! Costumes are encouraged... best one gets a prize! 12pm-2pm. \$8

Thursday, October 28: BOO! Drive Thru. Sponsored by Heather Hill. Serving Dirt Pudding and Witch's Brew Tea. Deadline is October 15, or until event is full. 11:30am.

Friday, October 29: Trunk or Treat at Mayfield Drive In. Get some treats and see some of your GDA friends while cruising around the drive in! Pick up a hot dog lunch on your way out.



Chardon Senior Center 440-279-2126

MONDAY

TUESDAY

Recreation & Education Coordinator:

Natalie Dolezal

REC Assistant: Hannah Heinz

Information & Referral: Beth Oliverio

Location Legend

B - Basement E - Eastview

Room

PV - Pavilion

RED are Health & **Fitness Programs** **D** - Dining Room OS - Off Site WE - Available on WebEx

BLUE are Special **Events & Activities**

12

19

26

10:00-12:00 Rug Hooking B

11:00-11:45 Strength Training (\$2) E 11:30-12:30 Congregate Lunch **D** 12:45-1:45 Line Dancing (\$3) E

1:00-3:00 Ceramics B

9:00-11:30 Woodcarving B

11:00-12:00 Balance Exercises D & WE

12:00-12:30 Congregate Lunch **D** 1:00-2:30 Geauga Walkers OS

2:00-3:30 Dulcimer Practice B

ALL SITES CLOSED



9:00-11:30 Woodcarving B

11:00-12:00 Balance Exercises D & WE

12:00-12:30 Congregate Lunch **D** 1:00-2:30 Geauga Walkers OS 2:00-3:30 Dulcimer Practice B

25

11

10:00-12:00 Rug Hooking B 11:00-11:45 Strength Training (\$2) E

11:30-12:30 Congregate Lunch **D** 12:45-1:45 Line Dancing (\$3) E

1:00-3:00 Ceramics B

9:00-11:30 Woodcarving B

11:00-12:00 Balance Exercises D & WE

12:00-12:30 Congregate Lunch **D**

12:30-1:30 Parkinson's Support E 1:00-1:30 Heather Hill

Cooking Demo on WebEx

1:00-2:30 Geauga Walkers OS

2:00-2:30 Cooking Demo Meal

Pick Up (Drive Thru)

10:00-12:00 Rug Hooking B

11:00-11:45 Strength Training (\$2) E

11:30-12:30 Congregate Lunch **D** 12:45-1:45 Line Dancing (\$3) E

9:00-11:30 Woodcarving B

11:00-12:00 Balance Exercises **D & WE**

12:00-12:30 Congregate Lunch **D**

11:30-1:00 Out to Lunch:

Madrick's Tavern OS

1:00-2:30 Geauga Walkers **OS**

2:00-3:30 Dulcimer Practice B

4

Chardon Senior Center 12555 Ravenwood Dr., Chardon

WEDNESDAY	THURSDAY	FRIDAY
		9:30-11:30 Stained Glass B 10:30-12:00 Yoga Class (\$4) E 11:30-12:30 Congregate Lunch D 1:00-3:00 Movie Matinee D Pirates of the Caribbean: Curse of the Black Pearl 1:00-4:00 Friday Bridge Group E
9:00-11:30 Poker B 10:00-11:00 Travelogue: Canada D 11:00-11:45 Strength Training (\$2) E 11:30-12:30 Congregate Lunch D 12:00-2:00 Senior Band B 1:00-4:00 Mah Jongg E	7 10:00-12:00 Euchre E 11:30-12:30 Congregate Lunch D 12:00-3:30 Painting Pals B 1:00-4:00 Duplicate Bridge D 1:30-3:30 Line Dancing (\$5) E	9:30-11:30 Stained Glass B 10:30-12:00 Yoga Class (\$4) E 11:30-12:30 Congregate Lunch D 1:00-3:00 Movie Matinee D Ghostbusters 1:00-4:00 Friday Bridge Group E
13 8:30-10:30 Social Work Appointments E 9:00-11:30 Poker B 11:00-11:45 Strength Training (\$2) E 11:30-12:30 Congregate Lunch D 12:00-2:00 Senior Band B 1:00-4:00 Mah Jongg E	14 10:00-12:00 Euchre E 11:30-12:30 Congregate Lunch D 12:00-3:30 Painting Pals B 1:00-4:00 Duplicate Bridge D 1:30-3:30 Line Dancing (\$5) E	9:30-11:30 Stained Glass B 10:30-12:00 Yoga Class (\$4) E 11:30-12:30 Congregate Lunch D 1:00-3:00 Movie Matinee D Ghostbusters 2 1:00-4:00 Friday Bridge Group E
9:00-11:30 Poker B 10:00-11:00 Travelogue: Denmark D 11:00-11:45 Strength Training (\$2) E 11:30-12:30 Congregate Lunch D 12:00-2:00 Senior Band B 1:00-4:00 Mah Jongg E	21 10:00-12:00 Euchre E 11:30-12:30 Congregate Lunch D 12:00-3:30 Painting Pals B 1:00-4:00 Duplicate Bridge D 1:30-3:30 Line Dancing (\$5) E	10:30-12:00 Yoga Class (\$4) E 11:30-12:30 Congregate Lunch D 12:00-12:30 Take Out Lunch D Guy's Pizza 1:00-3:00 Movie Matinee D Hocus Pocus 1:00-4:00 Friday Bridge Group E
9:00-11:30 Poker B 11:00-11:45 Strength Training (\$2) E 11:30-12:30 Congregate Lunch D 12:00-2:00 Haunted Halloween Lunch & Bewitched Bingo (\$5) D 12:00-2:00 Senior Band B 1:00-4:00 Mah Jongg E	10:00-12:00 Euchre E 11:30-12:30 BOO! Drive Thru 11:30-12:30 Congregate Lunch D 12:00-3:30 Painting Pals B 1:00-4:00 Duplicate Bridge D 1:30-3:30 Line Dancing (\$5) E	9:30-11:30 Stained Glass B 10:30-12:00 Yoga Class (\$4) E 11:30-1:30 Trunk or Treat at Mayfield Drive In OS 11:30-12:30 Congregate Lunch D 1:00-3:00 Movie Matinee D Practical Magic 1:00-4:00 Friday Bridge Group E



Most of Bainbridge Senior Center programs are now IN-PERSON! Programs also available via the Bainbridge WebEx link are noted with an *asterisk. Call for details. Please note that our Virtual Games on Mondays are available only on WebEx.

Monday Morning Bridge Group Welcoming new players! Please join us! No need to sign up!

Tuesday Weekly Walkers' Group We meet at a different local park each week! If you plan to join us, please call 440-279-1313 so we know to expect you! We will not walk if there is bad weather.

Wednesday Out to Lunch Group Join old friends and meet some new! Every Wednesday, we will meet up for lunch at the designated locations. Price of lunch is "on your own."

Lunch @ Bainbridge Senior Center is back!

Why not plan to meet up with your friends once a week (or more) for lunch at the center? Lunch will be served every week day at 12 noon. See the monthly menu, located near the back of the newsletter. Reservations are required by the Monday *prior* to the week you would like to dine with us, so we can order the proper number of meals! Donations gladly accepted!

The Bainbridge Big Breakfast!

Yes! Join us on Thursday, Oct. 28 at 9:00 for The Big Breakfast! Veterans eat FREE! September Birthdays eat FREE! All others pay just \$5.00! Reservations required by Oct. 11! Space is limited. Call 279-1313 to sign up!

Bainbridge Senior Center (440) 279-1313

	Monday	Tueday
	Bainbridge Senior Center 17751 Chillicothe Road, Chagrin Falls, OH 44023 440-279-1313	Becky O'Reilly Recreation & Education Coordinator David Craig Assistant Recreation & Education Coordinator
V	4 9:00-12:00 Bridge Group 9:30-10:00 Chair Exercise* 10:00-11:00 Virtual Games* (Boggle) 10:00-12:00 Poker 12:00-1:00 Lunch 1:00-3:00 Movie Matinee (Death Becomes Her) 1:00-3:00 Mah Jongg	5 8:00-9:00 Weekly Walkers (Beartown Lakes) 9:30-10:00 Balance Exercise* 10:00-1:00 Mexican Train 12:00-1:00 Lunch 12:00-2:00 Social Work Appts. 1:00-3:00 Scrabble 3:00-3:30 Tasty Tuesday Drive-Thru (previous registration required)
r	11 Closed today	Bingo-Pa-Looza Parking Lot Party (previous registration required)
	18 9:00-12:00 Bridge Group 9:30-10:00 Chair Exercise* 10:00-11:00 Virtual Games* (Boggle) 10:00-12:00 Poker 12:00-1:00 Lunch 1:00-3:00 Movie Matinee (Young Franken stein) 1:00-3:00 Mah Jongg	19 8:00-9:00 Weekly Walkers (Beartown Lakes) 9:30-10:00 Chair Exercise* 10:00-1:00 Mexican Train 12:00-1:00 Lunch 1:00-3:00 Scrabble
	25 9:00-12:00 Bridge Group 9:30-10:00 Chair Exercise* 10:00-11:00 Virtual Games* (Scattergories) 10:00-12:00 Poker 12:00-1:00 Lunch 1:00-3:00 Movie Matinee (Hocus Pocus) 1:00-3:00 Mah Jongg	26 8:00-9:00 Weekly Walkers (Frohring Meadows) 9:30-10:00 Balance Exercise* 10:00-1:00 Mexican Train 12:00-1:00 Lunch 1:00-3:00 Scrabble

17751 Chillicothe Road, Bainbridge OH 44023

V	Vednesday	1	hursday		Friday
				1 8:30-9:30 9:30-10:00 10:30-12:00 12:00-1:00 1:00-2:00	All-Around Exercise -Virtual only today Chair Exercise* Chair Volleyball Lunch Group Crossword Puzzle *
	(\$3) Chair Exercise* Diamond Painting Line Dancing	7 9:30-10:00 10:00-12:00 10:00-3:00 10:00-3:00 12:00-1:00 1:00-4:00	Balance Exercise* Knit and Crochet Pinochle Card Game Club Lunch Canasta	8 8:30-9:30 9:45-10:15 10:30-12:00 12:00-1:00 1:00-2:00	All-Around Exercise -Virtual only today Chair Exercise* Chair Volleyball Lunch Group Crossword Puzzle *
9:45-10:15 10:00-12:00 10:30-12:00 10:30-11:30	All-Around Exercise (\$3) Chair Exercise* Diamond Painting Line Dancing Bingo * Lunch Out to Lunch (Cowboy's) Rummy Card Group	14 9:30-10:00 10:00-12:00 10:00-3:00 10:00-3:00 12:00-1:00 12:30-2:00 1:00-4:00	Chair Exercise* Knit and Crochet Pinochle Card Game Club Lunch Iris Folding Canasta	15 8:30-9:30 9:45-10:15 9:45-2:15 10:30-12:00 12:00-1:00 1:00-2:00	All-Around Exercise -Virtual only today Chair Exercise* AARP Safe Driving Class—canceled Chair Volleyball Lunch Group Crossword Puzzle *
9:40-10:30 10:00-12:00	All-Around Exercise (\$3) Chair Yoga (\$3) Diamond Painting Line Dancing Bingo * Lunch Out to Lunch (Coyotee's) Rummy Card Group	21 9:30-10:00 10:00-12:00 10:00-3:00 10:00-3:00 12:00-1:00 1:00-4:00	Chair Exercise* Knit and Crochet Pinochle Card Game Club Lunch Canasta	22 8:30-9:30 9:40-10:30 11:00-4:30 90th Birthda Cupcake Ca	
9:40-10:30 10:00-12:00	0 All-Around Exercise (\$3) Chair Yoga (\$3) Diamond Painting Line Dancing Bingo * Lunch Out to Lunch (Pizzeria DiLauro) Rummy Card Group	28 9:00-10:00 9:30-10:00 10:00-12:00 10:00-3:00 10:00-3:00 12:00-1:00 1:00-4:00	Big Breakfast Balance Exercise* Knit and Crochet Pinochle Card Game Club Lunch Canasta	at the Ma	All-Around Exercise (\$3) Chair Yoga (\$3) runk or Treat ayfield Road Drive-In registration required)

October

OCTOBER Dates to Remember **Daily Exercise Programs at WGSC**

Mondays: 10:00-11:00 Interval Exercise

12:30-1:00 Chair Exercise Class

1:30-2:15 Balance Exercise Class

Tuesdays: 10:00-11:00 Strength & Cardio

1:00-2:00 Chair YOGA

Wednesdays: 10:00-11:00 Interval Exercise

12:30-1:00 Chair Exercise Class 1:30-2:15 Balance Exercise Class

Thursdays: 10:00-11:00 Strength & Cardio

1:00-2:00 Chair Yoga

Fridays: 11:00-12:00 Chair Yoga

Knit & Crochet Class every Tuesday afternoon from 12:30-2:30pm at the Senior Center. Teaching/Instruction of beginner crocheting or knitting is available during classes.

-Craft with Millissa (\$)

OCT 6th—Halloween Ghost Wreath

OCT 20—Thinking of You greeting Cards

Cost of crafts is \$5/person/craft and due at time of sign up. RSVP is due one week prior to craft date. Class held at the West G Senior Center. Call 440.279.2163 to sign up – space is limited.

VIRTUAL TRAVEL TOURS
Join us at West G Senior Center twice in October for Virtual Travel to New Orleans!!

Thursday October 7 – 11:00-12:00 noon will be New Orleans Pt 1-The French Quarter & Garden District. Thursday October 21 - 11:00-12:00 noon will be A Ghost tour & History of Voo-Doo.

Registration is required, call to sign up. 440-279-2163

WG Out to LUNCH BUNCH
Join staff from the West G Senior Center once a month for a lunch out around Geauga County. October's lunch out will be at The Perky Kettle on Tues, October 12th, Please call the senior center by 10/8 to say you are coming – meet at restaurant at 12:30pm.Cost of lunch is on your own. Call 440.279.2163 to reserve a spot.

Dine Nite Out

Octobers Dine Nite out will be Oct 28th at Mangia-Mangia in Newbury. Meet up at 5:00pm for dinner and social time. Call to let us know you are coming. 279-2163 \$\$ Cost is on your own

Chit Chat with the Chief of Police

OCT 15th 12:30-1:30 Join the Chief of Police Mark Purchase for a discussion on Current events, scams to be aware of, Coffee & Pastries will be served. Registration is Required 440-279-2163

Where in the World?? Destination; GERMANY

1:30-2:30pm Join the West G Senior Center as we travel to Germany on Monday, October 25th. We will explore the many villages and towns through all the seasons. Everyone will be able to create their own "mini gingerbread house" that they can take home and enjoy! Please RSVP by 10/18.

Birthday Bash w/Dan Maloney 12:00-1:30

OCT 26th-12:-1:30 Join us at SunnyBrook Preserve as we celebrate all the OCTOBER birthdays with live entertainment, hot lunch and cake/ice cream. There will be socializing, Dancing, and IFUN!! \$7 REGISTRATION REQUIRED Deadline to register is 10/19

West Geauga Sr. Center (440) 279-2163

MONDAY

TUESDAY

Welcome

West Geauga Senior Center 8090 Cedar Rd Chesterland Ohio 44026 440-279-2163

Rec/Ed Coordinator
- Christine Bacon

Assistants-Millissa B. & Nathan G. I&R Assistant-Debbie M.

8:30-10:30 Italian Card Game

10:00-11:00 Interval Exercise

12:30-1:00 EZ Chair Exercise

1:30-2:15 Balance Exercise

1:00-3:30 Hand & Foot Card Game

We will be

4

8:30-10:30 Italian Card Game

9:00-11:00 Pinochle

10:00-11:00 Strength & Cardio -Sandy

12:00-3:00 Bridge Group 12:30-2:30 Knit & Crochet

1:00-2:00 Chair Yoga

11

12

8:30-10:30 Italian Card Game 9:00-11:00 Pinochle

10:00-11:00 Strength & Cardio -Sandy

12:00-1:30 Out to LUNCH Bunch

12:00-3:00 Bridge Group

12:30-2:30 Knit & Crochet

1:00-2:00 Chair Yoga

18

19

8:30-10:30 Italian Card Game

10:00-11:00 Interval Exercise

12:30-1:00 EZ Chair Exercise

1:00-3:30 Hand & Foot Card Game

1:30-2:15 Balance Exercise

8:30-10:30 Italian Card Game

9:00-11:00 Pinochle

10:00-11:00 Strength & Cardio - Sandy

12:00-3:00 Bridge Group

12:30-2:30 Knit & Crochet

1:00-2:00 Chair Yoga

25

26

8:30-10:30 Italian Card Game

10:00-11:00 Interval Exercise

12:30-1:00 EZ Chair Exercise

1:00-3:30 Hand & Foot Card Game

1:30-2:15 Balance Exercise

1:30-2:30 Where in the World? GERMANY

8:30-10:30 Italian Card Game 9:00-11:00 Pinochle

10:00-11:00 Strength & Cardio -Sandy

12:00-3:00 Bridge Group

12:00-1:30 Birthday Bash w/Dan Maloney at SunnyBrook Preserve

12:30-2:30 Knit & Crochet 1:00-2:00 Chair Yoga

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West Geauga Sr. Center 8090 Cedar Road, Chesterland

WEDNESDAY	THURSDAY	FRIDAY
ALL Seniors MUST IN ADVANCE to Reservations must be reception to your lunch request, made by calling the WGS0	nru Fri from 12:00-12:30pm. make a RESERVATION o receive a lunch. eived by Monday of the week ALL lunch reservations can be c or by using our "Congregate ated in the WG Dining Room.	8:30-10:30 Italian Card Game 9:00-10:00 WG Walkers 9:00-11:00 Pinochle 11:00-12:00 Chair Yoga 1:00-3:00 Tech Help Appointments
8:30-10:30 Italian Card Game 10:00-11:00 Interval Exercise 12:30-1:00 EZ Chair Exercise 1:30-2:15 Balance Exercise 1:30-2:30 Craft w/Millissa (\$5) 3:00-4:00 Wednesday Wuzzles (WX)	8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 10:00-11:00 Strength & Cardio -Sandy 11:00-12:00 Virtual Travel –New Orleans – French Quarter & Garden District 1:00-2:00 Chair Yoga 3:00-4:00 Word Puzzles (WX)	8:30-10:30 Italian Card Game 9:00-10:00 WG Walkers 9:00-11:00 Pinochle 10:30-1:00 BEATLES INVASION 1:00-3:00 Tech Help Appointments
8:30-10:30 Italian Card Game 10:00-11:00 Interval Exercise 12:30-1:00 EZ Chair Exercise 1:30-2:15 Balance Exercise 3:00-4:00 Wednesday Wuzzles (WX)	8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 10:00-11:00 Strength & Cardio -Sandy 11:00-12:00 Cleveland Indians Celebration Presentation by Martin Gitlin 1:00-2:00 Chair Yoga 3:00-4:00 Word Puzzles (WX)	8:30-10:30 Italian Card Game 9:00-10:00 WG Walkers 9:00-11:00 Pinochle 11:00-12:00 Chair Yoga 12:30-1:30 Chit Chat w/the CHIEF 1:00-3:00 Tech Help Appointments
8:30-10:30 Italian Card Game 10:00-11:00 Interval Exercise 12:30-1:00 EZ Chair Exercise 1:30-2:15 Balance Exercise 1:30-2:30 Craft w/Millissa (\$5) 3:00-4:00 Wednesday Wuzzles (WX)	8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 10:00-11:00 Strength & Cardio -Sandy 11:00-12:00 Virtual Travel –New Orleans – Ghost Tour and History of Voo-Doo 1:00-2:00 Chair Yoga 3:00-4:00 Word Puzzles (WX)	8:30-9:30 Halloween Breakfast (\$3) 8:30-10:30 Italian Card Game 9:00-10:00 WG Walkers 9:00-11:00 Pinochle 11:00-12:00 Chair Yoga 1:00-3:00 Tech Help Appointments
8:30-10:30 Italian Card Game 10:00-11:00 Interval Exercise 12:30-1:00 EZ Chair Exercise 1:30-2:15 Balance Exercise 3:00-4:00 Wednesday Wuzzles (WX)	8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 10:00-11:00 Strength & Cardio -Sandy 11:00-12:00 Powerful Moments in Sports Presentation by Martin Gitlin 1:00-2:00 Chair Yoga 3:00-4:00 Word Puzzles (WX) 5:00-7:00 Dine Nite Out at Mangia-Mangia	8:30-10:30 Italian Card Game 9:00-10:00 WG Walkers 9:00-11:00 Pinochle 11:00-12:00 Chair Yoga 1:00-2:00pm Trunk or Treat at Mayfield Drive in

INFORMATION AND MORE October 2021

Please Call to Make Your Reservation for ANY Event Including Lunch

440.632.0611

SOCIAL WORKER APPOINTMENTS
October 13: with Michelle
Call for appointment

CRAFTING Mondays 1:00pm

Oct. 4: Button Candy-Corn Art \$5
Oct. 18: Pallet Cat \$3 Each &
Leaf Jar—Free BYOJ
(Bring Your Own Jars)
Oct. 25: Annual Tissue Paper/Lace
Pumpkin \$3, or, BYOP (Bring Your
Own Pumpkin-Gourd)

OUTINGS

(There is no transit available through the Dept. on Aging)

Thursday, October14
Lunch: Back 40 BBQ,
15405 Burton-Windsor Rd..
Ribs, Chicken, Loaded Potato
\$25 per person, must be pre-paid by
October 8.
You must register, space limited!

Tuesday, October 26 Lunch OUT at Frost, 11:30am You must register, space limited!

SOUPER LUNCH!

Now on Fridays: 12:00 noon \$5 (GDA lunches still available at 11:30) RESERVATIONS ARE A MUST! PRE-PAYMENT APPRECIATED!

Oct. 1: Chicken Noodle &
Cheesy Garlic Bread
Oct. 8: Tomato Soup & Grilled Cheese
Oct,15: Beef Vegetable &
Cheesy Garlic Bread
Oct. 22: Chili & Corn Bread
Oct. 29: "Mystery Halloween Lunch"

Middlefield Sr. Center 440-632-0611

Mon	Tue
National Golf Lover's Day 4	Get Funky Day 5
8:30-9:30 Social Hour 9:45-11:15 Exercise w/West G & Word Games	8:30-9:30 Social Hour 9:45-11:15 Card Games/Word Games
11:30-12:30 Lunch 1:00-3:00 Crafting	11:30-12:30 Lunch
•	1:00-3:00 Chair Volleyball
11	National Farmers Day 12
ALL CENTERS CLOSED FOR THE NATIONAL HOLIDAY	8:30-9:30 Social Hour 9:45-11:15 Card Games/Word Games 11:30-12:30 Lunch 1:00-3:00 Chair Volleyball
National Exascale Day 18	Pharm Tech Day 19
8:30-9:30 Social Hour 9:45-11:15 Exercise w/West G & Word Games	8:30-9:30 Social Hour 9:45-11:15 Card Games/ Word Games 11:30-12:30 Lunch 1:00-3:00 Chair Volleyball
1:00-3:00 Crafting	,
National Greasy Food Day 25	Mule Day 26
8:30-9:30 Social Hour 9:45-11:15 Exercise w/West G & Word Games	8:30-9:30 Social Hour 9:45-11:15 Card Games/ Word Games 11:30 Lunch OUT!
11:30-12:30 Lunch 1:00-3:00 Crafting	11:30-12:30 Lunch 1:00-3:00 Chair Volleyball

Middlefield Sr. Center 15820 Ridgewood Rd., Middlefield

Wed	Thu	Fri
		Ntnl' Black Dog Day 1
CO CO		8:30-9:30 Social Hour Pinochle 9:15-10:00 Exercise w/West G 10:00-11:00 Drumming Webex 11:30-12:30 GDA Lunch 12:00-1:00 Soup+ Lunch \$5 1:00-3:00 Chair Volleyball
Mad Hatters Day 6	Inner Beauty Day 7	National Hero Day 8
8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:30-10:15 Exercise w/West G 11:30-12:30 Lunch 12:30-2:30 Movie	8:30-9:30 Social Hour 9:30-11:30 "Rookie" Chair Volleyball 11:30-12:30 Lunch 1:00-3:00 Card Games/Word Games	8:30-9:30 Social Hour Pinochle 9:00-11:00 Exercise w/West G 10:00-11:00 Drumming Webex 11:30-12:30 GDA Lunch 12:00-1:00 Souper Lunch \$5 1:00-3:00 Chair Volleyball
Train Your Brain Day 13	Be Bald & Be Free Day! 14	National Grouch Day 15
8:30-10:00 Social Worker 8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:30-10:15 Exercise w/West G 11:30-12:30 Lunch 1:00-2:00 BINGO!	Back 40 BBQ Lunch! 8:30-9:30 Social Hour 9:30-11:30 "Rookie" Chair Volleyball 11:30-12:30 Lunch 1:00-3:00 Card Games/ Word Games	8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:00-10:00 Exercise w/West G 10:00-11:00 Drumming Webex 11:30-12:30 GDA Lunch 12:00-1:00 Souper Lunch \$5 Chair Volleyball
Youth Confidence Day 20	Reptile Awareness Day 21	National Color Day 22
8:30-9:30 Social Hour Pinochle 9:30-10:15 Exercise w/West G Lunch 12:30-2:30 Movie Time!	8:30-9:30 Social Hour 9:30-11:30 "Rookie" Chair Volleyball 11:30-12:30 Lunch 1:00-3:00 Card Games/ Word Games	8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:00-10:00 Exercise w/West G 10:00-11:00 Drumming Webex 11:30-12:30 GDA Lunch 12:00-1:00 Souper Lunch \$5 1:00-3:00 Chair Volleyball
Black Cat Day 27	National First Responders Day 28	Happy Halloween! 29
8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:30-10:15 Exercise w/West G 11:30-12:30 Lunch 1:00-2:00 BINGO!	8:30-9:30 Social Hour 9:30-11:30 "Rookie" Chair Volleyball 11:30-12:30 Lunch 1:00-3:00 Card Games/ Word Games	8:30-9:30 Social Hour 9:00-11:00 Pinochle 9:00-10:00 Exercise w/West G 10:00-11:00 Drumming Webex 11:30-12:30 GDA Lunch 12:00-1:00 Souper Lunch \$5 1:00-3:00 Chair Volleyball

The Bainbridge Big Breakfast!

Bainbridge Senior Center, located at 17751 Chillicothe Road
Thursday, October 28, 9:00AM – 10:00AM
Veterans eat FREE! October Birthdays eat FREE!
All others pay \$5.00

Registration is REQUIRED by 10/11/2021 by filling out the form below and returning it to Bainbridge Senior Center at 17751 Chillicothe Rd, Chagrin Falls, OH 44023.

Registration required by: 10/11/2021

Name: _______ Are you a U.S. Military Veteran? Yes / No

Are you registered with GDA for 2021? Yes / No

(Office only: Date received: ______ Staff Initial: ______ Receipt#: ______) BSC

HEATHER HILL WEBEX COOKING DEMO AND CURBSIDE MEAL

Looking for ideas for new recipes while in quarantine? Good news! Chef Drago from Heather Hill will be joining us to give a cooking demo on the 3rd Tuesday of each month on the Chardon Webex link at 1pm. The menu for Tuesday, October 19th is TBD. If you would like to taste what's being prepared, call the Chardon Senior Center (440-279-2126) and reserve your meal ASAP! After the Webex cooking demo, come to Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) between 2:00-2:15pm and pick up your meal curbside. Anyone can join the Webex presentation (you do not need to call to let us know you'll be on), but those wishing to pick up a meal must call to reserve their spot. A limited number of meals are available!

GEAUGA CYCLIST

Every Wednesday at 3:00 pm. | Riding east (very flat) On the Maple Highland Trail.

Park and meet at Chardon's Park Avenue Parking Lot (east of the Marc's plaza, west of the cemetery) Chardon, Ohio 44024. Due to the uncertainty of October weather you can text us at 440-904-0203 to make sure the ride is on!

WG WALKERS -FRIDAYS AT 9:00AM.

Join the West Geauga Senior Center for a weekly walkers group every Friday at 9:00am. This is a "NEW" Group, separate from the Geauga Walkers, which meets on Tuesdays. We will choose a different location each week to walk through in the West Geauga area. Each walk will be approx. 60-90 minutes in length, and is "weather permitting" of course. Meet up locations will be announced each week, and posted on our WGSC FB page, or just call WGSC to ask for the info. If you are interested in joining this walking group, please call the WG Senior Center to sign up. 440-279-2163

REGISTRATION IS REQUIRED

OUT TO LUNCH BUNCH WITH THE WEST G SENIOR CENTER

Join staff from the West G Senior Center once a month for a lunch out around Geauga County.

October's lunch out will be at The Perky Kettle on Tues, October 12th.

Please call the senior center by 10/8 to say you are coming – meet at restaurant at 12:30pm.

Cost of lunch is on your own. Call 440.279.2163 to reserve a spot or for more information.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact the Geauga Department on Aging at 279-2130 for assistance to apply!

Medicare Savings Programs (MSPs)

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work. Contact the Dept. on Aging worker for more information.

	QMB			SLMB			QI	
<u>Limits:</u>	Income	Assets	<u>Limits:</u>	Income	Assets	<u>Limits:</u>	Income	Assets
Single	\$1,094	\$ 7,970	Single	\$1,308	\$ 7,970	Single	\$1,469	\$ 7,970
Married	\$1,472	\$11,960	Married	\$1,762	\$11,960	Married	\$1,980	\$11,960

Contact a Geauga Department on Aging Social Worker for assistance with your Application!

BACK 40 BBQ LUNCH

Middlefield Senior Center is offering a BBQ lunch at the Back 40 BBQ, 15405 Burton-Windsor Rd, Middlefield. Thursday, October 14, 11:30am.

Ribs & Chicken, Loaded Baked Potato, Signature Veggie, Coleslaw, Dinner Roll, Raspberry Chocolate Mousse Cake, Coffee, Strawberry Lemonade, Water. Served in their Free-standing Dining Room with Screened Patio.

\$25 per person, must pre-pay with registrations.

Make check payable to: Geauga Dept. on Aging, mail to Middlefield Senior Center, 15820 Ridgewood Rd., Middlefield, OH 44062.

For questions: Amber, 440.632.0611.

NEW EXERCISE CLASS

Location: Everybodies Gym (357 Washington St, Chardon 44024)

Boxing: Every Monday from 1:00-2:00pm

This class is a non-contact boxing style fitness program. Strength, speed, balance, and flexibility will be worked on through a variety of exercises and core conditioning. Improving your overall fitness level, maintaining a strong healthy body while working on postural imbalances, and increasing your core strength will be focused on throughout this class.

Balance Exercise: Every Friday from 11:15am-12:00pm

This 45-minute class focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises consist of both seated and standing throughout the class.

Please call Melissa Wheeler at (440) 279-2167 to register or if you have additional questions.

DO YOU WANT TO JOIN A BAND?

The Good Times Band is looking to add players. We play a wide variety of music from the Great American Songbook, Pop, Country, Swing, Latin, Blues, Early R&R, and more.

We rehearse at the Chardon Senior Center, Wednesdays Noon—2 PM

We need Guitar, Bass Guitar, Drums, Trumpet, & Trombone. But welcome all instruments, all levels, and all players.

Call Jim at 440-543-1138 for more information

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<u>Date</u>	Park	Parking
Oct 05*	Maple Highlands Trail	13365 Old State Road, (Rt 608), Headwaters Park
		Huntsburg/Claridon Twp (FIRST PARKING LOT, AT RT 608)
Oct 12*	Hach Otis State	End of Skyline Drive, off River Road,
	Nature Preserve	North of Rt 6, Willoughby Hills
Oct 19*	Frohring Meadows	16780 Savage Road, Bainbridge Twp
Oct 26	Indian Point	12951 Seely Road, Leroy, Upper Parking Lot

All walks begin promptly at 1:00. * A Naturalist will accompany us on these walks. Please continue to register for all GPD-LED walks online at Geaugaparkdistrict.org or call DPD at (440) 286-9516, leave a message and someone will return your call. This request allows the Park to notify attendees of unexpected Park closure or severe weather. One phone call will register you for three months; i.e., Oct , Nov, Dec. Masks no longer required. Carol Rinehart @ (440) 487-4346 or Jane Hall-Nemeth @ (440) 567-1228

TRUNK OR TREAT WITH THE GEAUGA COUNTY DEPARTMENT ON AGING AT THE MAYFIELD ROAD DRIVE-IN, FROM 1:00 -2:00 PM

Geauga County Department on Aging is excited to once again host a drive-through Trunk or Treat for our Geauga Seniors! This event will take place on Friday, October 29, from 1:00-2:30 p.m., at the Mayfield Road Drive-In. You will stay in your vehicle, and loop through the path we have set up with businesses and organizations handing out goodies from their decorated vehicle trunks! Bring a container for your treats and goodies! Costumes are optional, but please remember that you will be staying in your vehicle and driving during the entire event. Please also know that any current COVID-19 protocol will be followed. An added bonus, courtesy of the Drive-In: A hot dog dinner to-go!

If you have any questions, please call Becky or David at the Bainbridge Senior Center, 440-279-1313. This free event is open to those who are currently registered with the GDA in 2021.

Even though this is a free event, we want to make sure we have plenty! Registration is REQUIRED by 10/15/2021 by filling out the form below and returning it to Bainbridge Senior Center at 17751 Chillicothe Rd, Chagrin Falls, OH 44023.

Trunk or Treat of	on Friday, October 29,	Cost: FREE! Registration required by:	10/15/21
Name:			
Phone Number:			
	Are you registere	ed with GDA for 2021? Yes / No	
(Office only:	Date received:	Staff Initial:)	BSC

WHO WILL MAKE YOUR HEALTH CARE DECISIONS IF YOU ARE NOT ABLE?

Geauga County Senior citizens sixty (60) years of age and older, do you have Advance Directives in place? If not, join us for an informative free program to consider and make your plan. The Geauga County Bar Association Advance Directives Committee and Hospice of the Western Reserve will present information and answer questions regarding health care powers of attorney and living wills at the first scheduled meeting. They will also distribute the standard forms and return the following week with attorneys from the Geauga Bar, who will help attendees complete the forms and notarize them. This will allow seniors time to think about what they want and who they would want speaking on their behalf if they cannot.

The first meeting, the panel discussion, will take place at the West Geauga Library on Friday, October 8th from 11:00-12:00pm. The second meeting, the day the documents will be signed, will be held on Friday, October 15.

Seniors who wish to attend must registration with the Department on Aging by calling (440) 279-2130, by 4:30PM, Wednesday, October 6.

Veterans Honor Stop 2021

Geauga County Department on Aging, in conjunction with Ohman Family Living at Briar and Geauga County Veterans Services, wish to thank our Veterans for their services to our country. During the week of November 8th, we wish to honor all Geauga County Veterans, age 60 and up, with a special lunch delivered to you at your home or apartment! We are calling this the VETERANS HONOR STOP.

The Veterans Honor Stop will deliver you lunch, and an item of recognition for your service. Veterans who wish to be included, must complete the registration form below and return it by Monday November 1st.

The Veterans Honor Stop will be visiting in the following areas on the following dates (subject to change—notice will be given):

Auburn/Bainbridge/Russell/Novelty area on Monday November 8th Burton/Middlefield/Parkman/Troy area on Tuesday November 9th Montville/Thompson/Chardon area on Wednesday November 10th Chesterland/Newbury area on Friday November 12th

Registration is REQUIRED BY MONDAY NOVEMBER 1st. If you are a veteran who lives in Geauga County, is 60 years or older, and want to be included in the VETERANS HONOR STOP -

Fill out the registration form below, and mail it to:

The West Geauga Senior Center, 8090 Cedar Rd, Chesterland OH, 44026 Attn: Christine Bacon.

YES! I would like to have the Veterans Honor Stop	come to my home or apartment.	
YES! You can take my picture when the Veterans	Honor Stop comes to my home. I understand that	
this picture may be used in a slide-show whi	ch will be posted on social media and possibly	
on G- TV at a later date.		
Name:		
Address:		
Please BE SURE TO Include ALL of the following:		
Military Branch:		
Rank at time of discharge:	GA CO	
Were you active in any war time? YES NO		
If yes, which War were you in?	Comp Court	
	Geauga County Department on Aging	

DECORATE COOKIES IN DECEMBER!

Do you want to decorate cookies without the hassle of making them? Then come to Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) on Wednesday, December 22nd to get your decoration on! Rachel Park from Rachel's Cookie Farm (locally owned right here in Chardon!) will be here to guide you from 10:30am-11:30am. Cost is \$5 for a cookie kit, which includes 2 cookies, 3 frosting colors, and sprinkles.

After you're done decorating, feel free to stay for our donation based Chili lunch – with salad, cornbread, homemade chili, and dessert. Donations may be given at lunch time.

Registration and payment deadline for Cookie Decorating and lunch RSVP is Friday, December 10th. Call (440) 279-2126 to reserve your spot!

Please send registration form, along with payment (checks made payable to "GDA") to "Chardon Senior Center / 12555 Ravenwood Dr / Chardon, OH 44024"

Date: Wednesday, December 22nd, 2021 | Site: Chardon | Event: Cookie Decorating

Deadline: Friday, December 10th | Cost: \$5 per cookie kit

Name:	Phone Number	
Number of Kits: Amount End	closed: \$	
Registered for 2021? Yes / No	Stay for Lunch ? Yes / No	
OFFICE USE: Date received:	Staff Initial:	Receipt #

ATTENTION WOODCARVERS!

Do you enjoy woodcarving as a hobby? Are you looking for others who like it as well, to spend some time and socialize with as you work on projects? We're looking for interested seniors who would like to join our woodcarving group. No experience is necessary, and tools can be provided until you decide if you want to pursue it.

Give Chardon Senior Center a call at (440) 279-2126 for more information.

GRILLED CHEESE LUNCH AT CHARDON SENIOR CENTER

Shake off the Autumn chill with some good old fashioned comfort food! Join us at Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) for a grilled cheese and tomato soup lunch on Wednesday, November 10th, 2021. Cost is \$5, and money and registration is due by Friday, November 5th. Send registration form and payment to "12555 Ravenwood Dr, Chardon OH 44024" or take to your nearest senior center. Make checks payable to "GDA." Call (440) 279-2126 with any questions.

Event: Grilled Cheese & Tomato Soup **Date:** Wednesday, November 10th, 2021 **Hosting**

Site: Chardon Deadline: Friday, November 5th, 2021

Cost: \$5 I have enclosed: \$_____

Name:_____Phone Number____

Registered for 2021? Y/N

OFFICE USE: Date received: Staff Initial: Receipt #

BOOK CLUB OPEN DISCUSSION AT CHARDON SENIOR CENTER

We're looking to get a book club going here at CSC! If you are interested, come with your ideas and suggestions (or just to listen) with getting this new group off the ground. Meeting will take place at 1:00pm at Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) on Monday, November 15th.

Call (440) 279-2126 for more information.

A POWERFUL PRESENTATION: THE SPORTING EVENTS THAT CHANGED AMERICA

Tuesday, November 9th , 2021 from 10:30am-11:30am Chardon Senior Center / 12555 Ravenwood Dr / Chardon 44024

Award-winning newspaper journalist turned author Marty Gitlin covered sports for three decades. In this interactive presentation, Gitlin covers the most impactful moments of American sports history in over a century. Highlighted events include: the Black Sox Scandal, Gertrude Ederle swimming the English Channel, Jesse Owens at the 1936 Berlin Olympics, the 1958 NFL Championship that exploded pro football into popularity, the King-Riggs Battle of the Sexes, Hank Aaron's perilous drive to break Babe Ruth's home run record, and much more. Even if you are not a sports enthusiast, you'll enjoy the history behind these interesting stories. Feel free to bring any questions – Marty will answer them after the presentation!

Cost of program is \$5. Registration and money due by Friday, November 5th. Want lunch? Call (440) 279-2126 and let us know by Monday, November 1st.

Send registration and payment to Chardon Senior Center / 12555 Ravenwood Dr / Chardon, OH 44024 Please make checks payable to GDA

Date: Tuesday, November 9 th	Site: Chardon Event: Sp adline: Friday, November 5 th	oorting Events That Changed America Cost: \$5	
Name:	Phone Numbe	r	
Registered for 2021? Yes No Stay for Lunch (RSVP by 11/1)? Yes No			
OFFICE USE: Date received:	Staff Initial:	Receipt #	

NOVEMBER BREAKFAST AND "FAMOUS WOMEN IN HISTORY" PRESENTATION

Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) is hosting a November breakfast, featuring a French Toast bake, sausage, fruit, juice, and coffee on Friday, November 19th from 9:30am-10:30am. Cost is \$5, and deadline for payment and registration is Friday, November 12th. Let us know if you'd like to stay for Kathie Doyle's "Famous Women in History You Never Heard About: Part 2" presentation at 10:30am.

Women have made an enormous contribution to society throughout history. You've heard of some of the more well-known ones, but how about those you didn't? Join Kathie Doyle at Chardon Senior Center for the 2nd installment of her "Famous Women in History You Never Heard About." 10:30am on Friday, November 19th for this FREE presentation. Please call to register – seating for presentation is limited, so call soon! Join us either for our French Toast bake breakfast beforehand (\$5, due 11/12/21), or a donation based lunch afterwards (RSVP by 11/5/21).

Call (440) 279-2126 with any questions!

THANKSGIVING PIE PICKUP AT CHARDON SENIOR CENTER

It's time to give thanks for our sponsor Heather Hill, because November's drive-thru at Chardon Senior Center is extra special - we are helping you out with Thanksgiving dessert by way of our Thanksgiving Pie Pick Up! Choose between a small apple or pumpkin pie, and call (440) 279-2126 no later than MONDAY, OCTOBER 25th to sign up and let us know your pie choice. Make sure to let us know if you would like a lunch as well. A limited number of spots are available, so call ASAP! Pie pick up date is Tuesday, November 23rd at Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024) from 11:30am-12:30pm. A cup of joe will also be given out to complement your pie.

Lunch menus can be found in the newsletter for that month. Treats and lunch menu may be subject to change, and drive-thru dates are weather depending. We're looking forward to seeing you!

PRESENTATIONS BY AUTHOR MARTIN GITLIN

Join us at the West Geauga Senior Center as we Welcome for the first time, author Martin Gitlin Marty is an award winning journalist, he covered the INDIANS for nearly 2 decades before authoring his famous books.

Martin will be here on Thursday October 14th from 11:00-12:00
 A CLEVELAND BASEBALL CELEBRATION PRESENTATION

Marty Gitlin will bring his book to life "ULTIMATE CLEVELAND INDIANS –The MACHINE BOOK"
This program covers the most interesting and greatest teams, players and events in Indians history.
Marty will tell engaging stories, show photos and play exciting game highlights. He will cover Cleveland Baseball from the 1899 Spiders to the tragedy of Addie Joss to Bob Feller to the 1940 Crybabies to the 1948 world Champions to the Curse of Rocky Colavito to the 1974 Beer Night Fiasco to the 1986 tease to the glory days of the 1990's to the Terry Francona run of contention and the death of Chief Wahoo. You don't want to miss his presentations!!! Call WGSC to sign up, this is a FREE EVENT, however there will be a "DONATION JAR" at the door to help with the cost. REGISTRATION REQUIRED Call to register 440-279-2163

NEXT UP will be Thursday October 28th from 11:00-12:00
 The SPORTING EVENTS THAT CHANGED AMERICA

Marty covered sports for 3 decades as an award winning newspaper journalist before authoring this next book:

<u>"Powerful Moments in Sports"-The most significant sporting events in American History.</u>

Marty will bring this book to life. The fun, enlightening program covers the most impactful moments in American sports history. He will cover more than a century. He will highlight events & athletes such as the Black Box Scandal, Gertrude Ederle swimming the English channel, Jesse Owens at the 1936 Berlin Olympics, the 1958 NFL Championship that exploded pro football into popularity, the King-Riggs battle of the sexes, Hank Aarons perilous drive to break Babe Ruth's home-run record, and So Much More!!!

You don't want to miss his presentations!!! Call WGSC to sign up, this is a FREE EVENT, however there will be a "**DONATION JAR**" at the door to help with the cost. **REGISTRATION REQUIRED Call to register 440-279-2163**

CHAIR YOGA AT BAINBRIDGE SENIOR CENTER

Starting October 20 | The class will take place every Wednesday and Friday from 9:40 a.m. – 10:30 a.m. at the Bainbridge Senior Center, 17751 Chillicothe Road, Bainbridge cost of class is \$3.00 per session, payable to the instructor

TAKE OUT LUNCH – FROST BAR & GRILLE (FORMERLY OLDE TOWNE GRILLE IN MIDDLEFIELD)

We are getting Frost Bar & Grille to go! Place your order, and then join us at Chardon Senior Center on Friday, November 12th at 12:00pm as we eat our take-out together. Feel free to stay for our matinee movie following lunch.

Stop in or send in \$12.00 CASH with your food order to Chardon Senior Center, 12555 Ravenwood Dr, Chardon OH 44024. Money and orders must be in to us by Friday, November 5th. Call (440) 279-2126 with any questions. Please fill out the registration form below:

Name:	Phone:		
Amount: \$12 CASH Registered for 2021? Y	Registered for 2021? Y / N		
Circle Food Selection:			
Country Chicken Salad	Chili Salad		
Choose: Italian / Ranch Dressing	Beer Batter Cod Sandwich w/ Coleslaw		
Veggie Wrap w/ Fries	Adult Grilled Cheese (has bacon) w/ Fries		
Frost Burger with Cheese w/ Fries	Mushroom Swiss Burger w/ Fries		
Office Use Only: Date Received:I	nitials: CASH ONLY PLEASE		

"IRIS FOLDING" GREETING CARD MAKING WORKSHOP

at the Bainbridge Senior Center, located at (17751 Chillicothe Road, Bainbridge) onThursday, October 14, Workshop begins at 12:30 p.m.

Workshop Instructor: Phyllis Knapp
\$1.50 per card, payable to the instructor the day of workshop

Call 440-279-1313 to register by 11/11/21.

Iris folding is a paper craft technique that involves folding strips of colored paper in such a way to form a design. The center of the design forms an iris—a shape reminiscent of the iris diaphragm of a camera lens. Our instructor brings all the supplies you will need, and guides you through how to make beautiful greeting cards!

BIRTHDAY BASH W/DAN MALONEY 12:00-1:30PM OCTOBER 26TH

Join us at SunnyBrook Preserve as we celebrate all the OCTOBER birthdays with live entertainment, hot lunch and cake/ice cream. There will be socializing, dancing, and lots of FUN!!! <u>\$7 REGISTRATION REQUIRED</u>

Deadline to register is 10/19

VIRTUAL TRAVEL TOURS AT WEST G!

Join us at West G Senior Center twice in October for Virtual Travel to New Orleans!!

Thursday October 7 – 11:00-12:00 noon will be New Orleans-The French Quarter & Garden District.

Thursday October 21 – 11:00-12:00 noon will be A New Orleans Ghost tour & History of Voo-Doo.

Registration is required, call WGSC to sign up. 440-279-2163

QUILTING GROUP

The Department on Aging is looking to start a Quilting Group in Geauga County. Madison Senior Center will host a light luncheon with their instructor on Thursday, October 21st from 11:00-12:00pm to discuss what quilting projects you are interested in to begin our classes in Geauga County. From beginners to experts, all experiences are welcome! Please call Melissa Wheeler at 440-279-2167 to register for this event, or even if you cannot attend, but still want to join the group. Madison Senior Center is located at 2938 Hubbard Road, Madison 44057.

ELDERBERRIES: FALL WAGON RIDE

October 14th from 11:30-2:30pm at Swine Creek Reservation—Woods Edge Shelter.

Seniors, come along on a naturalist-led wagon ride to enjoy natural wonders unique to autumn! As part of this special seasonal event, the Geauga County Department on Aging and University Hospitals Geauga Medical Center will also host a picnic lunch for you at 11:30 AM. Picnic in the shelter is accessible, visitors will need to climb stairs to wagon. Wagon has bench seats. Registration required.

ELDERBERRIES: PROTECTING AND MANAGING GEAUGA'S RARE SPECIES

November 18th from 1:00-2:30pm at The West Woods Nature Center (9465 Kinsman Rd, Novelty 44072). Seniors, join Park Biologist Paul Pira share how Geauga Park District protects and manages rare and endangered species in Geauga County, including the brook trout and spotted turtle. A collaboration with the Geauga Department on Aging and University Hospitals Geauga Medical Center. Registration required. Please call the Geauga Park District at 440-226-4695 to register.

VETERAN'S COFFEE & DONUT EVENT

First Tuesday of every month – October 5th at 10:00am | 14807 N. State Ave, Middlefield Ohio 44062 Join the Department on Aging and Ohman Family Living at Briar as we continue to honor our Geauga County Veterans for a free Coffee & Donut event. We will be happy to greet you and serve you a hot cup of coffee and donut at the front main entrance, under the portico, between 10:00-10:30am. Ohman Family Living at Briar is located at 14807 North State Street (608), Middlefield 44062. To register, please call Chardon Senior Center at 440-279-2126.

CRAFTING WITH MILLISSA – CLASSES START AT 1:30PM

Class held at the West G Senior Center – 8090 Cedar Rd. | Call 440.279.2163 to sign up – space is limited. Cost of crafts is \$5/person/craft and due at time of sign up. RSVP is due one week prior to craft date.

Wed. Oct. 6th - Halloween Ghost Wreath

Wed. Oct. 20th – Create a set of 5 Thinking of You Greeting Cards (all 5 cards will be a different design)

All supplies will be provided.

JOIN US FOR A VIRTUAL PROGRAM WITH GEAUGA PARK DISTRICT

Wednesday, November 3 at 1:00 p.m. on Bainbridge WebEx Link | Our topic will be: Beaver Tails Busy as a beaver? You bet! This illustrated presentation relates how and why beavers build dams, their depletion and comeback from American fur trade, and how beaver homesteading creates a neighborhood for an amazing variety of wildlife. For more information, call the Bainbridge Senior Center at 440-279-1313.

OUT TO LUNCH AT MADRICK'S TAVERN

10760 Kinsman Rd, Newbury Township, OH 44065 | Tuesday, October 26th, 2021 Let's meet up for Lunch! Join us at Madrick's Tavern at 11:30am to see each other and catch up. Call Chardon Senior Center at (440) 279-2126 to RSVP by Tuesday, October 19th. Next month: Tuesday, November 30th @ 11:30am – Silvestro's Depot Café in Painesville

CHIT CHAT WITH THE CHIEF OF POLICE

OCT 15th 12:30-1:30 Join the Chief of Police Mark Purchase at the West G Senior Center for a discussion on Current events, scams to be aware of & any Chesterland Issues of concern. Q & A session will immediately follow. Coffee & Pastries will be served. Registration is Required 440-279-2163

TASTY TUESDAY AFTERNOON DRIVE-THRU FOR NOVEMBER

Bainbridge Senior Center, located at 17751 Chillicothe Road | Tuesday, November 9, 2021 November's "Tasty Tuesday" at the Bainbridge Senior Center will be the second Tuesday of the month. Drivethru the parking lot behind the Bainbridge Senior Center between 3:00-3:30 p.m. on Tuesday, November 9, when the dessert will be pumpkin donuts! Call to sign up at 440-279-1313 by Oct. 26.

UPCOMING DRIVE-THRU EVENT AT CHARDON SENIOR CENTER

If it's October, then that means Halloween is around the corner, and that means that we are in need of a BOO! Drive Thru! Join us for this drive thru event on Thursday, October 28th, where we'll be serving Witch's Brew and a Cup of Dirt (well, tea and a cookie/pudding trifle).

Chardon Senior Center is teaming up with Heather Hill to bring you this drive-thru socially distanced event! Drive-thru will take place between 11:30am-12:30pm at Chardon Senior Center (12555 Ravenwood Dr, Chardon 44024). To register, call the Chardon Senior Center at (440) 279-2126. There are a limited number of spots available, so call soon! Want lunch? Register by Friday, October 15th. Lunch menus can be found in the newsletter for that month. Treats and lunch menu may be subject to change, and drive-thru dates are weather depending. We're looking forward to seeing you!

WHERE IN THE WORLD!

Join the West G Senior Center as we travel to Germany on Monday, October 25th from 1:30PM until 2:30PM, We will explore the many villages and towns through all the seasons. Everyone will be able to create their own "mini gingerbread house" that they can take home and enjoy! Please RSVP by 10/18.

HAUNTED HALLOWEEN LUNCH

Dine with us at Chardon Senior Center (12555 Ravenwood Dr / Chardon 44024) as we have a SPOOKTACULAR Halloween lunch, sponsored in part by Chef Joe from UH Geauga Medical! On the menu: Graveyard Weeds, Bigfoot Toenails, and Witch's Hair topped with the Chicken that Didn't Cross the Road, which you can wash down with assorted Magic Potions. Are you intrigued? Lunch will be served at 12pm on Wednesday, October 27th, and will be followed by Bewitched Bingo sponsored by Mapleview Country Villa. Wear your finest Halloween get-up... winner for best costume gets a prize! Cost is \$8. Register by Monday, October 18th. Reserve your place soon – spots are limited! Call (440) 279-2126 with any questions!

Send the completed registration form below to Chardon Senior Center, 12555 Ravenwood Dr, Chardon OH 44024

Cost: \$8 Date: Wednesday, October 27 Deadline: Monday, October 18 th	^{7th} 2021 Site: Chardon	Event: Halloween Lunch
Name:	Phone Number_	
Registered for 2021? Yes No		
OFFICE USE: Date received:	Staff Initial:	Receipt #

HALLOWEEN BREAKFAST AT WEST G!

Friday, October 22nd – 8:30am to 9:30am

Enjoy a spooky breakfast prepared by the West G staff. Ghost shaped pancakes, mummy sausage links and scrambled brains – I mean eggs! \$3/person and registration is required by October 15th. Everyone will get a special Halloween goody bag to take home as well! RSVP and money due by 10/12.

BEATLES Invade West G Senior Center On Friday, Oct. 8, 2021!

10:30am – 1:00pm RSVP by Oct. 4th \$15/reg. Geauga Co. Senior * \$17/Out of County senior after Sept. 13th 10:30am – Display of memorabilia and FAB music 11:00am – Program Presentation by Dave Schwensen

Relive the excitement of Beatlemania as John, Paul, George and Ringo visit Cleveland for 2 of the wildest, out of control concerts in Beatles (and Rock n Roll) history. You will go back to Northern Ohio during the mid-60s and go behind the scenes and on stage with The Fab Four through insider stories, rare concert films, never before published photos and memorabilia!

12:15pm – Lunch and Dessert Beatles Style! "I want to hold your hand" Ham and Cheese on Croissant, Get Back Mac (Macaroni Salad), Let it Be (Baked Beans), Here Comes the Sun-dae (Chocolate Sundae)

Don't forget to stop by the photo booth for a picture with one of the FAB four! Pictures will be available approx. one week after the event. One sneaker event – Open to any registered senior Make sure you don't miss out! Fill out the form below and either drop off at your closest senior center or mail to WGSC @ 8090 Cedar Rd., Chesterland, OH 44026.

Make Checks payable to Geauga County Dept. on Aging

Event: Beatles Invasion Hosting Site: West Geauga Senior Center Event Date: Friday, Oct. 8, 2021 RSVP Date: Oct. 4, 2021				
Name:				
Address:	Address: City/			
Zip:				
Registered for 2021? Y/N We are not p	providing Geauga Transit at this time.			
Date Received: Staff Initials:	: Receipt #:			
We are getting Guys Pizza Co. to go! Place your order, and then join us at Chardon Senior Center on Friday, October 22nd at 12:00pm as we eat our take-out together. Feel free to stay for our matinee movie of "Hocus Pocus" following lunch. Stop in or send in \$11.00 CASH with your food order to Chardon Senior Center, 12555 Ravenwood Dr, Chardon OH 44024. Money and orders must be in to us by Friday, October 15th. Call (440) 279-2126 with any questions. Please fill out the registration form below:				
Name:Phone:				
Amount: \$11 CASH Registered for 2021? Y/N Circle Food Selection: House Salad w/ Grilled Chicken Choose: Italian / Ranch Dressing Small Calzone w/ 1 topping Choose topping: Choose topping: Circle Food Selection: Chicken Parm Sub with Chips Bacon Cheeseburger with Chips Guys Club with Chips Veggie Quesadilla				
Office Use Only: Date Received:	_ Initials: CASH ONLY PLEASE			

OCTOBER 2021 GEAUGA DEPARTMENT OF AGING LUNCH MENU

Subject to Change

Mon	Tue	Wed	Thu	Fri
				CHICKEN ALA KING GREEN BEANS SLICED CARROTS DINNER ROLL PINEAPPLE TIDBITS
STUFFED GREEN PEPPERS W/TOMATO SAUCE MASHED POTATOES GREEN PEAS WHITE BREAD ESCALLOPED APPLES	KETCHUP GLAZED MEATLOAF W/CHEESE MASHED POTATOES CALIFORNIA BLEND WHITE BREAD	6 BREADED CHICKEN PATTY MAYO PC SLICED CARROTS MIXED VEGETABLE WG HAMBURGER BUN	BEEF STEW W/CORN MUFFIN BROCCOLI CORN W/PEPPERS FRUIT COCKTAIL	BREADED PORK PATTY SWEET POTATOES SPINACH DINNER ROLL CINNAMON APPLESAUCE
Columbus Day No Meals	GRILLED CHICKEN BREAST BROWN RICE ZUCCHINI SQUASH SLICED CARROTS DINNER ROLL DICED PEARS	HAMBURGER ON BUN SEASONED WEDGED POTATOES KETCHUP & MUSTARD PC CAULIFORNIA BLEND PINEAPPLE TIDBITS	ROAST TURKEY BREAST W/GRAVY MASHED POTATOES GREEN BEANS SWEET CORN WHOLE ORANGE	SWEDISH MEATBALLS W/ NOODLES MIXED VEGETABLES SLICED CARROTS WHITE BREAD DICED PEACHES
CHILI CON CARNE CORN W/ RED PEPPERS MIXED VEGETABLES WHITE BREAD VANILLA WAFERS	BEEF HOT DOG W/ HOT DOG BUN MUSTARD PC O'BRIEN POTATOES SPINACH	TOMATO BASIL CHICKEN SPAGHETTI W/ SAUCE MIXED VEGETABLES CORN W/ RED PEPPERS	BBQ BEEF RIB PATTY DICED POTATOES BROCCOLI WG HAMBUGER BUN DICED PEACHES	SLICED HAM W/ PINEAPPLE GLAZE DICED POTATOES SLICED CARROTS DINNER ROLL WHOLE ORANGE
MEATBALLS W/SPAGHETTI IN TOMATO SAUCE CAULIFLOWER SPINACH DICED PEACHES	SLOPPY JOE SEASONED WEDGED POTATOES KETCHUP PC GREEN BEANS WG HAMBURGER BUN DICED PEARS	BREADED FISH TATER TOTS TARTAR SAUCE & KETCHUP PC BROCCOLI WHITE BREAD MANDARIN ORANGES	ROASTED PORK LOIN GREEN PEAS YELLOW SQUASH DINNER ROLL ESCALLOPED APPLES	CHICKEN ALA KING GREEN BEANS SLICED CARROTS DINNER ROLL PINEAPPLE TIDBITS

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Geauga Department on Aging 12555 Ravenwood Drive Chardon, Ohio 44024

GEAUGA COUNTY
DEPARTMENT ON AGING

IN THIS

TOGETHER

ADDRESS SERVICE REQUESTED Days: Monday through Friday Hours: 8:00 am to 4:30 pm 440-279-2130

OCTOBER

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CUPS AND CANVASES AT CHARDON SENIOR CENTER

Let your inner artist take over at Chardon Senior Center as you create your interpretation of a scenic picture, led by Amber Ariel. Alcohol-free libations and appetizers will be served at 10:30, and painting begins at 11am. Cost is \$20. Date is Friday, December 3rd starting at 10:30am. Look for a flyer at your nearest GDA senior center, or call for more (440) 279-2126.

PARKINSON'S SUPPORT GROUP

Tuesday Oct 19th 12:30 to 1:30 | Mary Beth Wantz, Board Certified Functional Medicine Health Coach, will be joining us to talk about the importance of good nutrition for Parkinson's and all Chronic Diseases.

Please call Sandy McLeod at 440-279-2137 to register.

FREE DINNER AND A MOVIE PRESENTED BY AGE WELL BE WELL AND DEPARTMENT ON AGING

Thursday, October 28th from 3:00-5:00pm at the West Geauga Senior Center (8090 Cedar Road, Chesterland 44026). Due to very limited space, and to ensure a fun experience for all, registration is required. Accepting reservations beginning October 14th. Please call 440-214-3180 to register.

THE LORETTA PAGANINI SCHOOL OF COOKING

Join the Department on Aging on Thursday, November 4th from 11:30-12:30pm for a Cooking Demonstration and Lunch at the Loretta Paganini School of Cooking! Take a seat and watch the chefinstructor and assistants demonstrate, prepare, and serve the items on the "Oktoberfest" menu. This menu will include; Baked Stuffed Pork Chops with Caramelized Onions, Peppers & Smoked Gouda, Mashed Red Skin Potatoes with Bacon & Vinegar, and Cherry Strudel.

This program is \$25 per person. The Loretta Paganini School of Cooking is located at 8700 Mayfield Road, Chesterland 44026. Please call Melissa (440) 279-2167 if you have any questions.